Sonia: I believe, that if you follow your heart, you're in the right place.

Title: SONIA

MEMBER SINCE 2010

Title: GOLDEN 1 PRESENTS

A MILLION THANKS

Kristen: Sonia's a caregiver. She takes care of the elderly. She drives them around. Her

grandkids and my kids are around the same age. We're both Native American.

Sonia: One of my gifts is that I have a very nurturing spirit, but I have to really watch it

because you can do that too much and you're not taking care of yourself.

Kristen did help me with my mom. She was having trouble remembering things

with her banking. The one-on-one, human touch, no matter how technical

things get -- she was just so supportive.

One day I walked into the bank. I come in and I said "Hi Honey, how you doing?"

She looked up at me and immediately I knew something was terribly wrong. She

wrote on a slip of paper, "My husband died."

Kristen: She took it upon herself to just bring me flowers and a card. She's just an

amazing woman.

Sonia: Oh my gosh!

Kristen: Since she's always taking care of other people, Golden 1 is excited to give to

Sonia a weekend spa getaway.

Sonia: Honey, thank you!

Kristen: You're welcome.

Sonia: Aw!

[reading Thank You card] "A Million Thanks. My dear friend Sonia..."

Sonia: [to Kristen] You're gonna make me cry.

Sonia: [reading Thank You card] "...A weekend getaway for you to share with someone

special. "

Sonia: [to Kristen] maybe you.

Sonia: I just love my credit union. They're like my extended family.